

QUIET REBEL BUREAU

List of 'negative' feelings or feeling states

abrupt	cheerless	discouraged	furious	jealous
aching	claustrophobic	disgruntled	gloomy	jittery
afflicted	closed	disgusted	greed	Judged
afraid	coercive	disheartened	grief	Judgemental
aggressive	cold	dishonest	grouchy	lazy
agitated	combative	disillusioned	grumpy	lethargic
agony	comparing	dislike	guarded	lifeless
agoraphobic	complaining	dismayed	guilty	loathing
alarm	compulsive	disoriented	haggard	lonely
alienated	condemning	dispirited	hard	longing
alone	condescending	displeasure	hateful	loopy
angry	conflicted	disrespected	heartbroken	lost
anguish	confused	disrespectful	helpless	lousy
annoyed	contempt	disrupted	hesitant	low
antagonistic	contracted	dissatisfied	homesick	mad
anxious	contrary	distant	hopeless	malicious
apathy	controlling	distracted	horrified	masochistic
appalled	cowardly	distraught	hostile	mean
apprehensive	craving	distressed	humiliated	melancholy
argumentative	critical	distrustful	hurt	menaced
arrogant	cross	disturbed	hurtful	miffed
ashamed	cruel	doomed	hysterical	miserable
attached	crushed	doubtful	immobile	miserliness
attacked	dazed	down	impatient	misgiving
authoritative	defensive	downhearted	incapable	mixed up
aversion	dejected	dread	incensed	moody
awkward	dejected	dull	incompetent	morose
bad	demanding	dumbstruck	indecisive	mortified
baffled	demoralized	embarrassed	Indifferent	mournful
belittled	depressed	empty	indignant	nasty
bewildered	deprived	enraged	inept	nauseated
bitter	desolate	envious	inferior	negative
blank	despair	exasperated	infuriated	neglected
blasé	desperate	exhausted	inhibited	neglectful
blindsided	despicable	fake	injured	nervous
blocked	despondent	fatigued	insecure	numb
blunt	devastated	fearful	insensitive	obsessive
bored	dictatorial	fidgety	insignificant	obstinate
bossy	directionless	forlorn	insulted	offended
brooding	disappointed	fragile	intimidated	offensive
brutal	discombobulated	frenzied	intolerant	off-kilter
bulldozed	discomfort	frightened	invaded	out of sorts
bullied	disconnected	frozen	irritated	outrage
burdened	discontented	frustrated	isolated	overbearing

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oversensitive
overwhelmed
pained
panicked
paralyzed
paranoid
pathetic
perplexed
pessimistic
petrified
phobic
phony
pity
possessive
powerless
prejudiced
preoccupied
procrastination
punished
pushy
puzzled
quarrelsome
rage
ranting
rattled
reactive
rebellious
regret
rejected

reluctant
remorseful
reprimanded
reprimanding
repulsed
resentful
resentment
reserved
resignation
resistance
restless
retaliation
revengeful
revulsion
rigid
robotic
rotten
rude
ruthless
sad
sadistic
sarcastic
scared
scornful
secretive
seething
self-absorbed
self-conscious
self-critical

self-deprecating
self-hating
self-loathing
self-pity
serious
shaky
shallow
shame
shocked
short-tempered
shrill
shut down
shy
sick
slighted
slow
sluggish
smothered
smug
sorrow
sour
spiteful
stern
stiff
stilted
stony
stressed
stubborn
stuck

submissive
suffering
sulky
sullen
superior
suspicious
tactless
tearful
tense
terrified
territorial
threatened
tight
timid
tired
tormented
tortured
touchy
trapped
troubled
unbending
uncaring
uncertainty
uncomfortable
undermined
uneasiness
unfairness
unhappy
uninterested

unnerved
unpleasant
unresponsive
unsettled
unsure
unwelcomed
unwelcoming
unworthy
upset
uptight
useless
vengeful
vicious
victimized
vigilant
vindictive
violent
vulnerable
wary
weak
weary
withdrawn
woeful
woozy
worried
wrathful
wretched
wronged