



The Omen Days
Journal
2023

The Omen Days Journal



Divining the energy of 2023 on the Twelve Days of Christmas through signs, symbols & omens

The twelve days after Christmas day are liminal times – a bridge between the old year and the new. Even with the busyness of after Christmas sales and the celebration of New Year, these days feel somehow out of place. There's a lull. A pause. An opportunity to reflect and receive. Magic is afoot.

These inbetween days – the Omen Days – are ripe for divination. This journal invites you to pay attention to signs from the Universe between 26th December and 6th January.

Record insights and observations that seem or feel meaningful for you. Everything can have a meaning – there are no wrong or right ways to record your observations. They might even seem obscure or unhelpful – you don't have to have all the answers right away. Sometimes it's with hindsight that you can understand the meaning of the omens. This journal gives you the opportunity to develop and hone your intuitive skills.

Each day represents the energy of a month in the new year and you set the intention to receive guidance. What you notice on a particular day is insight into the energy of a forthcoming month. You start on 26th December, noticing omens for January. The next day, the 27th, is for February and so on. By the end of the Twelve Days, you will have a very personal divination reading of the year ahead.

The Universe (or however you perceive the great consciousness of creation) is always guiding us and giving us information to help keep us on our paths. The Omen Days are times when it is easier for us to notice these signs and synchronicities.

* * The Omen Days journal is inspired by a blog post on the Twelve Days of Christmas by [Caitlin Matthews](#) * *

Before you begin

In this journal, each day of the Omen Days / Twelve Days of Christmas is an opportunity to divine a month of the forthcoming year. Begin each day with the question at the relevant daily page in mind then use the journal to record your observations on what the energy of that particular new year month will be like.

The sections on each daily page are:

OMENS & SIGNS IN THE FLOW OF LIFE

Go outside for a walk, if possible, with your question of the day in mind. What did you notice? Did anything 'stick' in your mind? Remember urban environments are just as full of omens as rural locations.

If you don't have the opportunity to go outside, look for omens within your indoor environment. Did a particular song play on the radio? Did you find wisdom in a TV show? Did you catch a snippet of conversation that felt important to you? What did you see from your window? Record anything that caught your attention that you feel is somehow significant to your divination for the day.

OMENS & SIGNS IN THE CARDS

Keep today's question in mind then draw a tarot or oracle card to reveal hidden information. Record the card information and any impressions you received from it.

OMENS & SIGNS IN DREAMS

Notice any dreams you had the night before. What was the theme? Did anything stand out? How do you feel about the dream? If you can't remember, record that too.

WORD FOR THE MONTH

Based on your observations and intuitive insights, if the month had a word or theme, what would it be?

NOTES

Space for you to record anything else about your day.

You can print out the journal or use it with Adobe Reader to fill in on your laptop. There are also apps for mobile devices that let you fill in the pdf too. Feel free to share. Attribution appreciated but not required. For personal use only (which means, don't sell it).

Find out more about Lyn Thurman at LynThurman.com or find her on [Facebook](https://www.facebook.com/lynthurman).



What will January 2023 bring into my life?

OMENS & SIGNS IN THE FLOW OF LIFE

OMENS & SIGNS IN THE CARDS

OMENS & SIGNS IN DREAMS

WORD FOR THE MONTH

NOTES



What will February 2023 bring into my life?

OMENS & SIGNS IN THE FLOW OF LIFE

OMENS & SIGNS IN THE CARDS

OMENS & SIGNS IN DREAMS

WORD FOR THE MONTH

NOTES



What will March 2023 bring into my life?

OMENS & SIGNS IN THE FLOW OF LIFE

OMENS & SIGNS IN THE CARDS

OMENS & SIGNS IN DREAMS

WORD FOR THE MONTH

NOTES



What will April 2023 bring into my life?

OMENS & SIGNS IN THE FLOW OF LIFE

OMENS & SIGNS IN THE CARDS

OMENS & SIGNS IN DREAMS

WORD FOR THE MONTH

NOTES



What will May 2023 bring into my life?

OMENS & SIGNS IN THE FLOW OF LIFE

OMENS & SIGNS IN THE CARDS

OMENS & SIGNS IN DREAMS

WORD FOR THE MONTH

NOTES



What will June 2023 bring into my life?

OMENS & SIGNS IN THE FLOW OF LIFE

OMENS & SIGNS IN THE CARDS

OMENS & SIGNS IN DREAMS

WORD FOR THE MONTH

NOTES



What will July 2023 bring into my life?

OMENS & SIGNS IN THE FLOW OF LIFE

OMENS & SIGNS IN THE CARDS

OMENS & SIGNS IN DREAMS

WORD FOR THE MONTH

NOTES



What will August 2023 bring into my life?

OMENS & SIGNS IN THE FLOW OF LIFE

OMENS & SIGNS IN THE CARDS

OMENS & SIGNS IN DREAMS

WORD FOR THE MONTH

NOTES



What will September 2023 bring into my life?

OMENS & SIGNS IN THE FLOW OF LIFE

OMENS & SIGNS IN THE CARDS

OMENS & SIGNS IN DREAMS

WORD FOR THE MONTH

NOTES



What will October 2023 bring into my life?

OMENS & SIGNS IN THE FLOW OF LIFE

OMENS & SIGNS IN THE CARDS

OMENS & SIGNS IN DREAMS

WORD FOR THE MONTH

NOTES



What will November 2023 bring into my life?

OMENS & SIGNS IN THE FLOW OF LIFE

OMENS & SIGNS IN THE CARDS

OMENS & SIGNS IN DREAMS

WORD FOR THE MONTH

NOTES



What will December 2023 bring into my life?

OMENS & SIGNS IN THE FLOW OF LIFE

OMENS & SIGNS IN THE CARDS

OMENS & SIGNS IN DREAMS

WORD FOR THE MONTH

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